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Suleman has established a special wing for persons with disabilities as well as passed a policy for the equal representations of persons with disabilities ad provincial level. He has celebrated a “Special Persons Day” and is now working to take this agenda at national assembly. Because of Sulemans efforts, the Northwestern region of Pakistan now acknowledges, facilitates and empowers all young persons with disabilities, enabling them to lead independent and fulfilling loves. The win will also spread awareness about integration of persons with disabilities into society and would work towards the prevention of certain avoidable disabilities through early diagnosis and medical treatment.

Suleman has a passion for adventure sports, he has won Bronze Medal in wall climbing (Lahore 2015), Gold Medal in Para Olympics (Peshawar 2014), Silver Medal in Para Olympics (Islamabad 2012). His most remarkable accomplishment was his selection for United Nations Organization Sports for Development and Peace Youth Leadership Camp in Sendai, Japan from 2nd March -14th March 2016. He was the first visually impaired student who was selected to learn maximum from this glorious opportunity. He was also selected to represent his work and projects at Active Citizen British Council International Study Visit to Morocco from 6th Feb -14th Feb 2016. He has also attended the first ever wilderness based leadership conference in Pakistan Youth Impact's Markhor Conference 2015. And just recently at United Nation's International Youth Day he was presented with Youth Icon Award Pakistan 2016 for his efforts for young persons with disabilities and the establishment of his club. To be able to achieve all this at such a young age with a disability in a third world country is commendable.

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Suleman is an Individual from Pakistan who is visually impaired and has lived without depending on others despite his disability. Suleman has strived to support people with disabilities, especially young persons to adopt this way of life. Suleman is a certified trainer from School of Leadership conducting training to empower youth.

Suleman is a certified trainer from School of Leadership conducting training to empower young persons with disabilities and has established Pakistan Climbing Club which is the first ever club for persons with disabilities in Pakistan. This club is groundbreaking because it has provided young person’s with disabilities to be apart of sporting activities which give them confidence and motivate and empower them to achieve things which otherwise they think are impossible.

**Suleman Arshad - Pakistan**